



EARLY BIRDS IN THE PARK



BLES PARK

MONTHLY, 10A-11A
2ND THURSDAYS
MAY - SEPTEMBER

A FREE PROGRAM FOR EARLY-STAGE PERSONS & CARE PARTNERS

Individuals newly diagnosed with a cognitive disorder and their care partners will experience:

- A safe, accepting social environment
- Therapeutic physical activities and creative stimulation guided by professional staff
- A spirit of community through fun and friendship

BLES PARK
44830 BLES PARK DR
ASHBURN, VA 20147

Hosted by Eastern Loudoun Adult Day Center
Loudoun County Area Agency on Aging
Advance registration required. Call 571-258-3232.
Bring a chair, water, hat & bug spray!



LOUDOUN COUNTY DEPARTMENT OF PARKS RECREATION & COMMUNITY SERVICES

LOUDOUN.GOV/PRCS

FOR ACCESSIBILITY REQUESTS: CONTACT ADAPTREC@LOUDOUN.GOV, 703-777-0343, TTY: 711