


# CMRCC OUTDOOR GROUP FITNESS

# JUNE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Yin Yoga</b> 8:15am-9:15am Activity # 973551 Sue	<b>CM Boot Camp</b> 6:00am-7:00am Activity # 973556 Cathie S	<b>Yin Yoga</b> 8:15am-9:15am Activity # 973562 Sue	<b>CM Boot Camp</b> 6:00am-7:00am Activity # 973567 Cathie S	<b>Barre</b> 8:00am-8:30am Activity # 973573 Caitlin
<b>Moore Fit</b> 10:00am--11:00am Activity # 973552 Pam	<b>Moore Run</b> 7:00am-8:00am Activity # 973557 Cathie S	<b>Moore Fit</b> 10:00am--11:00am Activity # 973563 Pam	<b>Moore Run</b> 7:00am-8:00am Activity # 973568 Cathie S	<b>Gentle Yoga</b> 8:15am-9:15am Activity # 973574 Sue
<b>Ultimate Circuit</b> 5:00pm-6:00pm Activity # 973563 Kevan	<b>Barre</b> 8:00am-8:30am Activity # 973558 Caitlin	<b>Tabata</b> 5:00pm-6:00pm Activity # 973564 Kevan	<b>Hatha Yoga</b> 8:15am-9:30am Activity # 973569 Sue	
<b>Tabata</b> 6:00pm-7:00pm Activity # 973564 Kevan	<b>Hatha Yoga</b> 8:15am-9:30am Activity # 973559 Sue	<b>Ultimate Circuit</b> 6:00pm-7:00pm Activity # 973565 Kevan	<b>Tabata</b> 9:00am-10:00am Activity # 973570 Kevan	
<b>Hatha Yoga</b> 6:00pm-7:15pm Activity # 974565 Sue	<b>Barre</b> 5:30pm-6:00pm Activity # 973560 Caitlin	<b>Zumba</b> 7:00pm-8:00pm Activity # 973566 Mary	<b>Barre</b> 5:30pm-6:00pm Activity # 973571 Caitlin	
	<b>Moore Fit</b> 6:00pm-7:00pm Activity # 973561 Pam		<b>Moore Fit</b> 6:00pm-7:00pm Activity # 973572 Pam	