

Lock Meds. Lock Guns. Talk Safety.

61%

of people who die by suicide use firearms

19%

of people who die by suicide overdose on medications

Lock it up: Prevent suicides by restricting access to firearms and poisons.
Get free cable and trigger locks and locking pill bottles.

Talk it out: Learn how to have tough conversations about suicide and mental health that can help save lives.

Attend free Mental Health First Aid and REVIVE! opioid overdose education workshops.

**To get locks for medications/firearms, or to sign up for workshops:
call 703-777-0176 or email Judith.Romberg@loudoun.gov**

If you, or someone you know, is experiencing a mental health crisis:

- Call the Loudoun County Department of Mental Health, Substance Abuse and Developmental Services' Emergency Services 24/7 at 703-777-0320
- Contact the PRS CrisisLink Hotline at 1-800-273-TALK or text CONNECT to 85511
- In an emergency, call 911 and ask for a Crisis Intervention Team deputy or officer

