



Family Caregiver Support Group

Many caregivers feel overwhelmed and isolated, but know that you are not alone.

The Loudoun County Area Agency on Aging support groups give caregivers the opportunity to connect, support one another on this journey, and share advice and tips on caring for and loving someone with memory loss or dementia.

3rd Saturday of every month at 10 am

Hosted by Waltonwood
44141 Russell Branch Parkway
Ashburn, VA 20147

For more information, contact Lesley Katz, MSW, at 703-771-5407 or send an email to aaasupport@loudoun.gov.



If you would like to participate and you require an accommodation for any type of disability, please contact Lesley Katz at 703.771.5407 or lesley.katz@loudoun.gov. Advance notice is requested.