

# LOUDOUN COUNTY

# PROGRAMS & SERVICES FOR OLDER ADULTS & ADULTS WITH DISABILITIES

## TRIAD COMMUNITY AMBASSADOR

Loudoun County Area Agency on Aging (AAA), a division of Parks, Recreation and Community Services, in partnership with 55+ adults, county service organizations and law enforcement, offers a senior focused outreach program to extend and enhance community outreach to and for older adults. The three-part Loudoun County TRIAD team works together with Community Ambassadors to help prevent and reduce crime against older adults and promote programs that enhance health and safety. Community Ambassadors disseminate county related service information to and solicit feedback from their respective communities, neighborhoods, and other contacts throughout Loudoun County. See a list of resources below.

## Area Agency On Aging 703.777.0257

■ **Adult Day Centers:** Provide licensed, supportive, social and therapeutic activities for people with memory loss or physical limitations. Transportation is available on a limited basis. Centers are located in Ashburn, Leesburg and Purcellville.

■ **Caregiver Services:** Offer educational seminars and training, provide a monthly support group and link caregivers to supportive community resources. Support is available for caregivers or other individuals who provide unpaid care to an older adult (60+) or a person with dementia (any age).

■ **Case Management Services:** Connect older adults with a case manager who will advocate, monitor and provide supportive counseling.

■ **Chore Corps:** Provides simple repairs in and around the house for older adults and adults with disabilities.

■ **Communication, Referral, Information & Assistance:** Links older adults, caregivers and adults with disabilities with supportive community services.

■ **Disease Prevention & Health Promotion:** Provides education and information to engage

and empower older adults, people with disabilities and their caregivers to stay healthy longer.

■ **Education Sessions:** Arrange programs from agencies on topics including, but not limited to: Dementia Care; Elder Abuse & Neglect – Signs, Symptoms and Reporting; Legal and Financial Planning.

■ **Senior Cool Care:** Reduces the risk of heat exhaustion by providing electric fans and air conditioners to income-eligible seniors.

■ **Home-Delivered Meals:** Provide weekly noontime meals to older adults who are at nutritional risk and unable to leave home. Non-perishable and frozen meals may be available for eligible residents who live outside the delivery area.

■ **Northern Virginia Long-Term Care Ombudsman:** Provides information on long-term care facilities in Northern Virginia, and advocates for recipients of long-term care services.

■ **Senior Centers:** Provide a network of social, educational, wellness and fitness activities for independent seniors. Each center has its own calendar of events and offerings. All senior centers offer congregate meals. Centers are located in Ashburn, Leesburg, Purcellville, South Riding and Sterling.

■ **Senior Medicare Patrol (SMP):** Educates beneficiaries to identify, report and prevent Medicare and Medicaid fraud and abuse. SMP volunteers are available for community presentations.

■ **Senior Trips:** Offer fee-based day and overnight trips to exciting destinations for adults 55 and older.

■ **Virginia Insurance Counseling and Assistance (VICAP):** Provides confidential help and advice about Medicare health insurance, long-term care insurance and the Medicare prescription drug program.

■ **Volunteer Services:** Place volunteers of all ages and backgrounds into challenging, rewarding and interesting volunteer opportunities.

## Department of Family Services 703.777.0353

■ **Information, Referral and Coordinated Entry Program:** Connects residents to health and human services resources, and vulnerable homeless households to programs including shelter, homeless prevention & diversion, permanent supportive housing, and rapid-rehousing, 703.777.0420.

■ **Homeless Prevention and Diversion:** Prevents episodes of homelessness for eligible households seeking shelter who are currently housed and at imminent risk of homelessness, i.e. households facing rental eviction.

■ **Companion Services:** Provides assistance to adults with disabilities and older adults (60+) who are within state income guidelines and unable to care for themselves without assistance.

■ **Assisted Living Placement & Nursing Home Admission:** Older adults may be eligible depending on level of care needed and finances. A Family Services Specialist and Benefit Specialist determine eligibility.

## Department of Fire and Rescue 703.777.0333

■ **File for Life:** Educates the at-risk population about the importance of having pertinent medical information available to EMS in a prearranged and accessible location in case of an emergency.

■ **Home Inspection:** Complete free home-safety inspection that covers general fire safety, as well as heating, electrical, kitchen, smoking and candle hazards so safety improvements can be recommended to the resident.

■ **Smoke Alarm Assessment:** Provides free smoke alarm assessments and installations. Free smoke alarms and installation for people who are deaf or have a hearing impairment.

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## Office of Housing 703.737.8323

### ■ Affordable Dwelling Units (ADU):

Provides opportunities to rent an apartment or purchase a new or re-sale home at rents and purchase prices below market rates. Income guidelines apply.

■ **Apartment Guide:** Provides information on location, size, average rents, amenities, and accessibility features for apartment communities throughout the county. Includes an Older Adults section at [loudoun.gov/apartmentguide](http://loudoun.gov/apartmentguide).

### ■ Emergency Home Repair and Accessibility

**Grants:** Offers grants for repairs and modifications related to accessibility and/or addressing emergency needs. For homeowners who are at least 62 years old and/or have a household member with a disability. Income guidelines apply.

■ **Granting Freedom:** On behalf of Virginia Housing, provides grants for home and rental unit modifications. For Virginia veterans and servicemembers who sustained a line-of-duty injury resulting in a service-connected disability.

### ■ Rental Unit Accessibility Modification

**(RUAM):** On behalf of Virginia Housing, provides grants to individuals with disabilities to repair and improve accessibility of their rental units. Income guidelines apply.

### ■ State Rental Assistance Program (SRAP):

Rental assistance program serving individuals with developmental disabilities who want to live independently in their own rental housing. Income guidelines apply.

## Loudoun County Sheriff's Office 703.777.0407

■ **Project Lifesaver:** Provides an electronic wristband for those with medical conditions that may result in wandering from home and becoming lost. Trained deputies help locate clients using mobile antenna and hand-held directional devices.

■ **Educational Programs:** Deputies host both in person and virtual presentations of crime prevention measures to educate on issues such as frauds and scams prevention, internet safety, and personal safety.

■ **Neighborhood Watch:** A crime prevention program that enlists the active participation of residents in cooperation with law enforcement to reduce crime, solve problems and improve the quality of life in their community.

■ **Security Survey Services:** Deputy Sheriffs conduct a visual and physical inspection of property from a crime prevention and security viewpoint. The deputy will then make recommendations on how to reduce vulnerability to becoming a victim of crime.

■ **Operation Inventory:** Intended to help curb ongoing thefts through recording key information on belongings. Brochures and forms are available at the Loudoun County Sheriff's website.

■ **Daily Crime Report:** Information posted each business day on crimes noted for media interest. Report can be accessed online from the Loudoun Sheriff's Office or can be sent via email through enrolling in Alert Loudoun.

## Office of Emergency Management 703.737.8200

■ **Alert Loudoun:** Immediate notification during a major crisis or emergency, and also provides other news and events in Loudoun County; notification provided by email, and text message.

■ **Evacuation Assistance Registry:** Support of the Office of Emergency Management in planning and coordinating evacuation assistance for individuals with disabilities.

■ **Community Emergency Voice Notification:** Residents can enroll their cell phones or non-Verizon landline phones to receive emergency messages reporting on law enforcement or fire and rescue activity in a specific area.

