

## INSIDE STERLING

*Koran T. Saines, Sterling District Supervisor*

### The Comprehensive Plan Vote & Upcoming Transportation Projects

At the June 20<sup>th</sup> business meeting, the Board of Supervisors voted on a new County Comprehensive Plan. As a lifelong Loudoun resident—born and raised in Sterling—I took this process and my responsibility in the decisions being made very seriously. So, it has been great to see the feedback and public interest in this project, and I am proud of the passion I have witnessed among my peers and the Sterling community.

My priorities during this process have been: affordable housing; senior housing options; reinvestment efforts in Sterling; preserving our open and green space, and ensuring trails in new developments remain open to the public; and addressing walkability and connectivity via sidewalks, transportation, and infrastructure improvements.

The new plan provided a much needed opportunity to update Loudoun County's planning to reflect current realities. I was pleased to see the emphasis the Board put on the critical issue of affordable housing, which is being spun off into a separate, holistic plan. I was glad to fight for reinvestment in Sterling and the environment in this process while promoting smart, strategic growth. The Urban Policy Area brings a new frontier to Loudoun County and will help reduce congestion on roads by creating self-contained mixed-use, high transit-usage communities.

There undoubtedly were differences of opinions. The task we face as Supervisors is meshing all of these opinions and the information we receive into a final product that will hopefully please a bit of everyone, but the reality is that you can never achieve 100% satisfaction. We achieved a great deal, but there is still substantial room for improvement and the Comprehensive Plan serves as a good guide for next steps.

Another issue my office has been working on is completing the West Poplar Road project. Like many other projects, there is red tape, but I have pushed to make this a priority of County staff to ensure it is completed prior to the next school year. They are still on track to meet that goal and we will keep you posted as this progresses.

Finally, I wanted to share an update on my office's work on the damage at the Great Falls Plaza shopping intersection on Algonkian Parkway and Lowes' Island Blvd, which posed a risk to drivers and pedestrians. We contacted the Virginia Department of Transportation (VDOT) when we learned about this in April.

VDOT indicated that part of the intersection was maintained by them and part of it by the shopping center. VDOT quickly repaired the damage on VDOT's side in April. My office and VDOT then worked with the shopping center to repair the damage on the other side. Those repairs were completed on June 28.



## Loudoun County Short-Term Rental Registration Opens July 1, 2019

Loudoun County is hosting a public information meeting about the construction of the new Loudoun County District Courthouse. Members of the public are invited to attend the meeting scheduled for Tuesday, July 16, 2019, from 6:30 p.m. to 8:30 p.m., in the Board Room of the Loudoun County Government Center, 1 Harrison Street SE, Leesburg, VA.

Representatives of the Loudoun County Department of Transportation and Capital Infrastructure (DTCI) and the Town of Leesburg will be on hand to discuss the project's design and answer questions.

The project is part of an expansion of the Courts Complex and includes the design and construction of a new 92,000-square-foot Courthouse, renovation of the existing Courthouse and historic Valley Bank building as well as improved parking lots and pedestrian access to the Courts buildings.

A presentation will take place at the beginning of the meeting to provide an overview of the project. Documents and additional information about project can be found at [www.loudoun.gov/courts-expansion](http://www.loudoun.gov/courts-expansion)

## Lower Loudoun Little League

The Lower Loudoun Little League is hosting the 2019 Seniors State Tournament from July 6-11 at Claude Moore Park (21544 Old Vestals Gap Rd, Sterling, VA 20164). LLLL is in need of volunteers to help keep score, make announcements, run the score boards, and more!

Sign up for volunteer shifts at [here](#).

Fall 2019 registration is also now open. Early registration for the Spring season is October through November and regular registration will run through January. Register early to save money.

To register a player or for information on guidelines, age and eligibility, and other questions, go to [www.llbaseball.org/registration/](http://www.llbaseball.org/registration/)





## Loudoun County Short-Term Rental Registration Opens July 1, 2019

Operators of short-term residential rental property in Loudoun County are required to register their property every year with the county. The registration period begins July 1, 2019. Annual registrations will be active through June 30, 2020.

Short-term residential rental properties that were registered in 2018 or properties that have not yet been registered must be registered during the registration period that begins July 1, 2019.

There is no cost to register a short-term rental property. Operators who fail to register may face a fine of \$500 per violation.

If a property was registered as a short-term rental in 2018, but is no longer being used for that purpose, operators do not have to re-register or take any further action.

A short-term residential rental is the provision of a room or space that is suitable or intended for occupancy for dwelling, sleeping, or lodging purposes, for a period of fewer than 30 consecutive days, in exchange for a charge for the occupancy.

A link to the registration form and more information about the registration process may be found at [loudoun.gov/ShortTermRentals](http://loudoun.gov/ShortTermRentals)

## County Offers Discount for Active Duty & Retired Military and First Responders



Effective July 1, 2019, the Loudoun County Department of Parks, Recreation and Community Services will provide membership and pass discounts to active duty and retired members of the military and first responders. The 15-percent discount will apply to annual, six-month and monthly memberships, as well as daily and 25-admission passes, at Claude Moore Recreation and Community Center and Dulles South Recreation and Community Center.

To receive the discount, retired or activity duty military members must present a military ID card, veteran's ID card, or other form of military identification. First responders must present proof of current employment or volunteer service with a first response agency. The discount applies to memberships and passes only. It cannot be combined with any other sale promotions and does not apply to other services provided by the centers, including ongoing programs and classes, swim lessons, drop-in programs and concession or merchandise sales.

Claude Moore Recreation and Community Center is located at 46105 Loudoun Park Lane in Sterling. For more information, call 571-258-3600. Dulles South Recreation and Community Center is located at 24950 Riding Center Drive in South Riding. For more information, call 571-258-3456.



## Yoga for Adults: Beginner Yoga Series

Discover a new relationship with your body and spirit through yoga at the Beginner Yoga Series at the Sterling Library (22030 S. Sterling Blvd., Suite A117, Sterling, VA).

Hosted by Samskara Yoga Healing, this class is perfect for those new to yoga, those returning to the practice, and for those with injuries and mobility challenges.

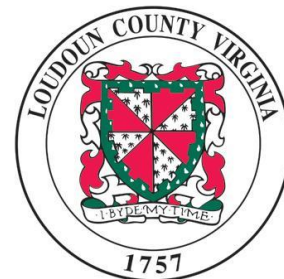
Upcoming classes are scheduled at 4:00-4:45 pm on:

- Monday, July 1<sup>st</sup>
- Monday, July 8<sup>th</sup>
- Monday, July 15<sup>th</sup>

Register at <https://samskarayogava.com/events-workshops/>. Please bring a yoga mat and any props you may need (bolster, blanket, block, strap, etc.)

## Seats Available in Upcoming Adult Mental Health First Aid Class

The Loudoun County Department of Mental Health, Substance Abuse and Developmental Services offers free Adult Mental Health First Aid classes, which introduce participants to common risk factors and warning signs of mental illness, and how to offer initial help to someone in a mental health crisis.



The course is appropriate for anyone 18 years of age or older who wants to learn how to help a person who may be experiencing a mental health-related crisis or problem.

Seats are available in the next session of Adult Mental Health First Aid, which will be taught over two days, Thursday, July 11 and Friday, July 12, 2019, from 10:00 a.m. to 2:30 p.m. at the Middleburg Library, 101 Reed Street in Middleburg.

Register at: <https://www.surveymonkey.com/r/YJ3ZDHZ>



## Lower Loudoun Boy's Football League

Regular registration for the Lower Loudoun Boy's Football League in Sterling ends Monday, July 15<sup>th</sup>. After July 15<sup>th</sup>, late registration fees will apply until registration closes in August.

Upcoming tryouts and combines (third and fourth evaluations) are scheduled for Saturday, July 13<sup>th</sup> and Sunday, July 14<sup>th</sup> from 7:00-9:00 pm at Bill Allen Field (22281 S. Sterling Blvd, Sterling, VA). Each player must attend one evaluation.

To register a player or for information on guidelines, information on age and eligibility, and other questions, go to [www.lbfl.org](http://www.lbfl.org)

## Sterling Soccer Club Registration

Registration for the Sterling Soccer Club is still open for the fall season. Recreational games are scheduled to start on September 7, 2019 and run through November 2, 2019.

Thanks to the generous donations of families, community members, and corporate partners, Sterling Soccer Club is able to offer a limited number of players in need 50% off normal fees. Players on free or reduced lunch programs can apply for 50% off, but will NEED TO APPLY SEPARATELY FIRST. To request aid, please email: [administrator@sysa.net](mailto:administrator@sysa.net)



To register a player or for more information, visit [www.sterlingsoccerclub.org/registernow](http://www.sterlingsoccerclub.org/registernow).



## Sterling Boulevard Clean Up

Please join the Sterling Foundation on Saturday, July 27<sup>th</sup> as a volunteer to help keep our hometown main street clean and beautiful!

If you would like to make a big impact on our community, meet the Sterling Foundation at Briar Patch Park (1400 N. Sterling Blvd., Sterling, VA) at 8:45 am until 12:30 pm.

## Revive: Opioid Overdose Reversal Training

Loudoun County continues to host training sessions on how to recognize and respond to an opioid overdose. The next Revive! sessions are scheduled for:

- Thursday, July 25, 2019

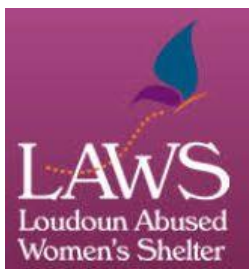
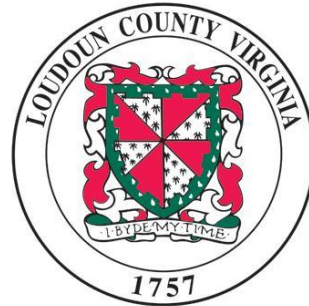
All classes will be held from 5:30 to 7:30 p.m. at the offices of the Loudoun County Department of Mental Health, Substance Abuse and Developmental Services (MHSADS) at 906 Trailview Boulevard, Leesburg, VA.

The free, one-hour training covers:

- Signs of opioid overdose
- How to respond to an opioid overdose emergency with the administration of naloxone, a drug that can be used to treat narcotic overdoses in emergency situations.
- Any registered participant completing the training will be eligible to receive free naloxone nasal spray that evening from the Loudoun County Health Department.

The training is open to the public; however, classroom space is limited and advanced registration is required. Anyone who uses opioids or knows someone who is using opioids is encouraged to attend. Pre-registration is first come, first served.

Those interested in attending may register online at [www.loudoun.gov/revive](http://www.loudoun.gov/revive).



## LAWS Charity Golf Tournament

Registration is now open for the 4th Annual Loudoun Abused Women's Shelter (LAWS) Charity Golf Tournament at Raspberry Falls Golf Club (41601 Raspberry Dr., Leesburg, VA). The tournament will take place on September 30<sup>th</sup>—registration will open at 11:30 am with a 1:00 pm Shotgun start.

Proceeds help fund the multitude of free programs and services LAWS offers to those who suffer from domestic violence and sexual abuse.

Enjoy free beer, a Pig Pickin' BBQ dinner after the tournament, and prizes and awards while supporting a great cause.

To sponsor and register to play, click [here](#).

## AART Halloween Horseshoe Showdown



Grab your boots and hat for another unforgettable evening of good ole' country fun! Live music, dancing, country style BBQ, drinks, games (horseshoe and corn hole tournaments), mechanical bull and family friendly fun!

All Ages Read Together (AART) will host their 9<sup>th</sup> annual Horseshoe Hoedown on Saturday, October 26<sup>th</sup> at River Farm Stables (16009 River Farm Ln, Leesburg, VA 20176) from 4:00 pm-11:00 pm.

For more information and to purchase tickets, click [here](#), or contact Lauren Wilczynski at 540-277-3135.



## Upcoming Activities at Claude Moore Park

### Ol' Time 4<sup>th</sup> of July Celebration

*Thursday, July 4<sup>th</sup> 10:30 am-3:00 pm*

Celebrate an old-fashioned 4th of July with pony and wagon rides, music, crafts, nature exhibits, historic tours, carnival games and "Reptiles Alive." Food available for purchase. Use Loudoun Park Lane entrance.

Register online at [www.loudoun.gov/webtrac](http://www.loudoun.gov/webtrac); \$5

### Free Monthly Open Houses

*Saturday, July 13<sup>th</sup> 1:00 pm – 3:00 pm*

Frogshackle Nature Cabin, the 1880s Bridges Schoolhouse, and the 1779 Lanesville House  
No registration need

### Family Fishing Day

*Sunday, July 14<sup>th</sup> 10:00 am-12:00 pm*

Enjoy a relaxing morning fishing at the stocked ponds. Don't worry if you don't have equipment or experience. Staff will be available to provide assistance and bait. Poles are available on a first come, first serve basis. Ages 16 and up require a VA freshwater fishing license.

Register at [Loudoun.gov/webtrac](http://Loudoun.gov/webtrac). \$5 ages 4 and up (ages 3 and under free, but must be accompanied by a registered adult).

### Pond Party

*Sunday, July 14<sup>th</sup> 1:00 pm-2:15 pm*

Join a Park Naturalist to explore our ponds to look for the exciting animals that call it home. Return for a tasty treat (marshmallows provided to roast, regular and Halal).

Register at [Loudoun.gov/webtrac](http://Loudoun.gov/webtrac). \$5 ages 4 and up (ages 3 and under free, but must be accompanied by a registered adult).

## Upcoming Events



**July 2: Popsicles in the Park** hosted by St. Matthew's Episcopal Church will be held every Tuesday through August 13<sup>th</sup> from 12:00 pm-1:00 pm at Briar Patch Park (1400 N Sterling Blvd, Sterling, VA). Join the Sterling community for a fun way to cool off this summer with free popsicles and play!

**July 9: Sterling Foundation Monthly Meeting** 7:00-9:00 pm at the Sterling Community Center at 120 Enterprise Street in Sterling. The public is invited to attend and learn about the Sterling Foundation's upcoming efforts and activities.

**July 27: St. Matthew's Garden-to-Table Celebration** will be held at St. Matthew's Episcopal Church (201 E Frederick Dr, Sterling, VA) at 6:00 pm. Enjoy a relaxed evening in the garden with great food, music, & fellowship! Live oil painting demo by Ute Gil. Bring a local beverage to share.

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STAY CONNECTED



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