



## Inside Sterling, February Edition

[Haz Clic Aqui Para el Boletín de Sterling, Edición Febrero en Español](#)

Happy February! The Board and I are in the middle of our third budget season. As you may already know, during this period, the Board and I decide on the County's budget and tax rate for fiscal year 2019. At this time, I encourage you to reach out to my office if you have questions or any ideas you'd like to share with myself and/or the rest of the Board regarding the FY 19 budget. There will be three Budget Public Hearings where you will have the opportunity to speak directly to the Board and myself. Please see the meeting dates and times below.

### Budget Public Hearings

- Tuesday, February 27th at 6:00 pm at Loudoun County Government Center
- Thursday, March 1st at 3:00 pm at Loudoun County Government Center
- Saturday, March 3rd at 9:00 am at LCPS Administration Building

If you are unable to attend any of these public hearings, you can also email me at [Koran.Saines@loudoun.gov](mailto:Koran.Saines@loudoun.gov) or call me at 703-737-8089. You can also email the entire Board at [bos@loudoun.gov](mailto:bos@loudoun.gov).

Budget Public Hearings can be viewed online via live webcast at <https://www.loudoun.gov/webcast>. To learn more about next year's budget or view budget documents, visit <https://www.loudoun.gov/budget>.

### District-Related BMI Updates

#### Update on the Route 7 Signalized Crossings Project

In October 2016, the Board approved and funded my BMI to complete a traffic/pedestrian safety analysis of Route 7 between Cascades Parkway and Dranesville Rd. This analysis was completed in July 2017 and County staff recommended signalized crosswalks at three intersections. These three intersections were deemed the most appropriate at installing signalized crossings in order to improve pedestrian safety. These three intersections were given the following priority:

- Priority 1: Route 7 at Bartholomew Fair Drive (Route 1732)/Campus Drive
- Priority 2: Route 7 at Lakeland Drive (Route 821)
- Priority 3: Route 7 at Potomac View Drive (Route 637)

## Update on Traffic & Safety-Related Augusta Drive, Jennings Farm Drive and Maple Leaf Place

In March 2017, the Board approved my BMI to complete a traffic analysis study to address safety concerns on the aforementioned roads. In January, staff presented the potential solutions to our office and on January 11, I held a community meeting to discuss road diet plans for the three roads. My office will be working with county staff to incorporate comments made on all three sections of these roads, and I expect staff to come to the Board in April 2018 to discuss options for moving forward with this item.

## February is Black History Month

### Explore the African American Experience in Loudoun County

The Black History Committee of the Friends of the Thomas Balch Library will hold an Open House on Saturday, Feb 24 from 10 am to 2:30 pm at Thomas Balch Library. The Open House will feature dynamic discussions on two themes of "African Americans in Times of War" and "African American Genealogy."



Local historian, Kevin Grigsby (on the right), will speak about African Americans from Loudoun County that served in the Union during the Civil War.

RSVP at [bhc@balchfriends.org](mailto:bhc@balchfriends.org). [View the flyer](#) or visit [balchfriends.org](http://balchfriends.org) for more information.

## AARP Free Tax-Aide Program Starts Feb 1

The AARP Foundation Tax-Aide Program will be providing free tax preparation and filing services to taxpayers of all ages and of low-to-moderate income. The program will run from Feb 1 through April 17. The nearest location to receive tax filing assistance is Cascades Library on Tuesdays & Thursdays from 10 am-2 pm or Mondays & Wednesdays from 5-8 pm.



Individuals will need to bring a photo ID, SS card, tax documents and prior year's tax return. For more info, visit their [website](#).

## Walmart Launches Free Disposal Solution to Help Combat Opioid Abuse & Misuse

In an effort to help curb abuse and misuse, Walmart is launching a groundbreaking opioid disposal solution - available at no cost - in all store pharmacies. Known as DisposeRx, the small packet contains ingredients that, according to the manufacturer, when emptied into a pill bottle with warm water, ultimately enable patients to responsibly dispose of leftover medications in their trash.



The hope is that this initiative will reduce the number of individuals who are currently misusing prescription opioids by obtaining them from family and friends (which is estimated to be more than 65

percent of abusers). DisposeRx will be available at all Walmart pharmacies in Loudoun County. [Read more here.](#)

## Sterling Community Center's Special Programs

Have you checked out one of Sterling Community Center's classes or activities? A lot is always going on, for children and adults. Here's a list of February's special activities:

[Mini Monets: Painting Class \(Ages 3-5\)](#)  
[Silly Chefs: Quesadillas! \(Ages 3-5\)](#)  
[When I Grow Up: Pilot Edition \(ages 3-5\)](#)  
[Adult Basketball Drop-In](#)  
[Adult Volleyball Drop-In](#)



Click on event for more information and on how to pre-register.

## Stewards of Children Child Sexual Abuse Prevention Training

**Did you know... 1 in 10 children will be sexually abused before they turn 18? 90% of children who are victims of sexual abuse know their abuser?**

[Stewards of Children](#) is an adult training program that approaches the difficult topic of child sexual abuse in a way that is empowering, not fear-focused or depressing. This training is available in both English and Spanish, nationwide and can be taken through a facilitator-led group session.



There will be a **free training** on Feb 5 from 6:45-9 pm at Ashburn Library. [Learn more about the program or RSVP here.](#)

## AART Read-A-Thon: Read & Donate Starting Feb 14!

AART is raising awareness and money for AART programs in Northern Virginia, including Leesburg, Sterling, Herndon, and Alexandria by encouraging everyone to read. Support the cause from Feb 14 - March 2 (National Read Across America Day) one of the following ways:

- Read and donate to [AART](#)
- Read and ask friends and family to donate to AART.
- Encourage your group to get involved. Groups like book clubs, youth groups or teams, social clubs, professional groups, and more can read and make donations in support of the AART Read-A- Thon.



For more information, contact Michelle Sullivan at [michelles@allagesreadtogether.org](mailto:michelles@allagesreadtogether.org).

## Veterans Community Access Center in Leesburg is Open

The U.S. Department of Veterans Affairs Veterans Community Access Center opened January 1 and is serving veterans and active duty military personnel and their families in Loudoun, Clarke and western Fairfax counties. This opening is significant as previously, veterans and families needed to travel long distances to Vet Centers in WV or Alexandria.



The Leesburg Access Center provides the following services:

- Individual and group counseling for veterans, service members, and their families
- Family counseling or marital counseling
- Bereavement counseling for families who experience an active duty death
- Military sexual trauma counseling and referral
- Outreach and education, community events, etc.
- Substance abuse assessment and referral
- Employment assessment and referral
- Veterans benefits explanation and referral
- Screening and referral for medical issues including TBI, depression, etc.

The Vet Center is located at 751 Miller Dr, Leesburg, VA.

## Loudoun Workforce Resource Center Upcoming Workshops

Whether you are looking for work, changing careers or want to brush up on techniques for success at your current job, the Workforce Resource Center has workshops to fit your need. All workshops are offered at no cost. To register, visit [www.loudoun.gov/wrcworkshops](http://www.loudoun.gov/wrcworkshops).

Some February workshops include:

Feb 8, 2 pm: Orientation to Center Services

Feb 15, 10 am: Networking Fundamentals

Feb 15, 1 pm: 30-Second Commercial: "So, Tell Me About Yourself"

Feb 23, 9 am: Resume 101

Feb 27, 9 am: Older Workers and Job Search



The mission of the Loudoun Workforce Resource Center is to connect job seekers and employers to meet their employment goals. The center is open to the public and located at the Shenandoah Building, 102 Heritage Way in Leesburg, 20176. For more information, call 703-777-0150 or visit [www.loudoun.gov/wrc](http://www.loudoun.gov/wrc).

## Lower Loudoun Girls Softball League Registration is Now Open

For more than 20 years, Lower Loudoun Girls Softball League has provided girls (ages 4-18) the opportunity to shine. With local practices, staff, and coaches, LLGSL offers your daughter a safe, supportive, and encouraging environment to play fast-pitch softball-- whether it's her first time on the field or she's played for years.

Registration is open through Feb 25. For more information, contact [jenlofquist@gmail.com](mailto:jenlofquist@gmail.com) or see the [program flyer](#).



## Upcoming Opportunities

### Don't Miss Great Opportunities in Your Area

**County Offers Help with Home Weatherization Repairs** to help make homes more energy efficient. Repairs may include a new heating, ventilation or air conditioning unit installation, a new roof or new windows. [www.loudoun.gov/HomeImprovement](http://www.loudoun.gov/HomeImprovement).

**This Land is Your Land Citizenship Naturalization Prep Classes Feb 3-April 14:** Come to Sterling Library every Saturday to prepare for the citizenship/naturalization test with bilingual instructors. Visit [itsyourland.org](http://itsyourland.org).

**Weekly ESL Classes Begin Feb 5 at Sterling Library!** English classes of beginner, low-intermediate, intermediate and advanced levels, will be offered from 7-8:45 pm at various locations. Beginner's level at Sterling Library begins Feb 6. For more details, [check out this flyer](#). For questions, call 703-777-2205.

**College Prep Night on Feb 22 at Sterling Library.** Discuss topics at 6 pm to help you prepare for college, such as entrance exams, applications, financial aid, scholarships and career option.

**Valentines Crafts for Kids at Ridgeway Coffee, Feb 10.** Bring your kids from 11 am to 1 pm for a FREE valentine's day craft event. 21631 Ridgeway Circle.

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### Check Out What's Happening Locally!

#### PRIMATES 4



#### PRIMATES

games, moonbounce, movies, pizza, swimming and rock climbing. Register on [webtrac.loudoun.gov](http://webtrac.loudoun.gov) or call 571-258-3600.

**Feb 3: Sterling Blvd Quarterly Cleanup.** Come to Briar Patch Park at 8:45 am and volunteer until Noon.

**Feb 3: Historic Lanesville & Frogshackle Cabin Nature Center Open House** from 1-3 pm at Claude Moore Park. Free event.

**Feb 9: Parent's Night Out** at Claude Moore Recreation Center from 5-9 pm. Take a night off and let your kids enjoy

**Feb 10: Sterling Chuy's Hosts Hot 99.5 Intern John and team** at restaurant. Special VIP bartender will be in a Chuy's uniform. Say the phrase "Intern John Special" and get a free queso appetizer.

**Feb 10: I Heart Nature Campfire** from 5:30-6:45 pm. Must register in advance at [webtrac.loudoun.gov](http://webtrac.loudoun.gov) using activity number 261722. \$5.

**Feb 11: Yoga (then Beer) at Twinpanzee Brewing Co** from 1-2:30 pm. \$15 ticket includes an all-levels yoga flow and first draft post-class. BYO mat. 101 Executive Dr, Suite D, Sterling.

**Feb 11: Primates 4 Primates Fundraiser.** After yoga, stay at Twinpanzee Brewing from 3-6 pm to support the Liberia Chimpanzee Rescue organization and a special monkey brew!

**Feb 23: Ties & Tiaras** at Claude Moore Rec Center from 7-9 pm. Princesses, ages 2-12, and their Handsome Role Models are invited to attend an enchanted evening of music, dancing and fun. Dress is royal attire. For more info, call 571-258-3600. Cost is \$15 per couple, \$7 per additional princess.

**Feb 23-25: The Sterling Playmakers present 'The 39 Steps,'** a theatrical play described as a "fast-paced whodunit packed with nonstop laughs, zany characters, handcuffs, missing fingers, and some good old-fashioned romance!" It's being presented at Seneca Ridge Middle School; general admission is \$15.

**Supervisor Koran T. Saines**  
**Loudoun County Board of Supervisors**  
[www.loudoun.gov/Sterling](http://www.loudoun.gov/Sterling)  
[703-777-0204](tel:703-777-0204)

**STAY CONNECTED!**



Sterling District | 1 Harrison Street, S.E., 5th Floor, Leesburg, VA 20177

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